MEETING SCHEDULE

STROKE & BRAIN INJURY SUPPORT GROUP

MEETINGS

1ST Tuesday of every month 5 to 6:30 p.m.

LOCATION

City Hall of Boyne City 319 N Lake St. Boyne City, MI 49712

JOIN US FOR A SUPPORT GROUP EVENT

The Stroke and Brain Injury Support Group offers a safe environment for patients and caregivers to share challenges and gather information from speakers, demonstrations, and group discussions in a non-threatening setting.

For those unable to attend in person, we offer a Zoom link for most meeting events.

SCAN FOR ZOOM MEETING INFORMATION



2025 EVENTS

JANUARY 7 Art Therapy

FEBRUARY 4 Caregiver Support

MARCH 4 Daily Living Needs Disability Access

APRIL 1 Flower Arrangement Class

MAY 6 Benefits of Physical Activity

JUNE 3 Mandala Class

Program Contact: Nicole Murray McLaren Northern Stroke Program Coordinator (231) 487-4266 or <u>Nicole.L.Murray@mclaren.org</u>



For more information on our stroke center, or to register, scan the QR code or visit us online at mclaren.org/northemstroke



JULY 1 No Meeting

AUGUST 5 Summer BBQ

SEPTEMBER 2 Emergency Management Smart 911

OCTOBER 7 Benefits of Meditation

NOVEMBER 4 Benefits of Acupuncture

DECEMBER 2 Holiday Party